Dissertation Format Report
August 12, 2018

Dissertation Title: Balancing the Demands of College and Athletics: First-Generation Female Student Athletes’ Perception of the College Experience

Dissertation Author: Adrienne Rodriguez

Hi Adrienne –

It appears you have used an outdated set of dissertation formatting instructions, so I am including the current dissertation instructions with this memo. The preliminary page formatting is pretty easy if you use the templates page, which I also include here. The formatting of these pages is also described in the instructions.

Beyond your format corrections of the preliminary pages and of the details mentioned in this memo and/or highlighted in the pdf of your text, please review the dissertation instructions for the other tasks you need to complete as part of you dissertation completion process. These items are described under the Dissertation Clearance Process heading on page 2 of the instructions.

As for your dissertation copy itself, I have discovered these details for you to correct, which I itemize in the list below. Once you have submitted a revised dissertation copy with these changes made, I will be able to circulate the dissertation clearance form, which lets the registrar know you have completed all requirements and are ready to be awarded your degree.

(Just curious—is it student-athletes hyphenated or non-hyphenated? Check your heading in chap 2, p. 16.)

1. Make sure your font size is the same throughout. See your abstract where you sue a different size. Smaller typeface is acceptable only inside tables or figures.
2. Name of first chapter is best not left as “introduction.” Correct on p. 1 and place the name in the TOC. AS APA points out, text at the beginning of a chapter is understood to be “introductory,” so there is no need to label it as such. Hence you could also delete other instances where this heading is used.
3. Note the APA formatted level one headings that you provide in text must change to all caps when you copy over into the TOC.
4. See the dissertation guide for UIW formatting exceptions to APA guidelines. Block quotes is one exception.
5. Numbered lists e.g. pp. 6 and 10 should have appropriate punctuation or should be changed to a non-numbered list, as appropriate; look carefully at APA section 3.04 on Seriation.
6. “comprised of” is not standard academic English. Instead, use “composed of” of “consisted of” or similar, and often if you get rid of the verb of being in your sentence by replacing it: e.g. your p. 32 you have “the athletic staff are typically comprised of a higher percentage of female coaches,” which can be re-written as “the athletic staff typically comprise a higher
percentage of female coaches.” Several instances of “comprised of” occur in your paper, and all should be corrected.

7. Table format. See APA chapter 5 for table format. Briefly, use only horizontal lines, do not use bold as outlined on APA p. 118, and no color is used. An example of a formatted table is included in the UIW dissertation guide.

8. The values coding information after Table 2 (p. 46) appears to be a note applying to Table 2. If so, see APA for how to format table notes (follow guidelines on p. 38 for copyright permission footnotes and see the many table examples in chapter 5 for how to format the notes). If not a table note, then that “Values Coding” section must be reformatted per APA and UIW dissertation guidelines.

9. Headings. Format correctly the different levels of headings. Make sure you follow APA (shown on APA p. 62 and in the UIW dissertation guide) when you format headings in your five chapters. You have some headings beginning on p. 54—after a level 2 heading—that you appear to want to show as level 3 headings, but are formatted as level 5 headings. Note that these format guidelines do not apply to page headings outside the five chapters.

10. References: You have at least one reference with no corresponding citation! Check all references to ascertain if a corresponding citation exists. If missing, supply the citation or delete the reference entry.

11. Make sure all elements of each reference entry are formatted per specifications shown in APA, 6th edition. See APA chapter 6, and chapter 7 has many examples of the different kinds of references entries.
   a. Correct all reference entries for dissertations.
   b. Correct case in entries where applicable.
   c. Correct font treatments.
   d. Ensure that punctuation is present and correct for all entries.
   e. All references to books must have complete author and/or editor information, date, correct formatted title, complete up-to-date publication information in correct order.
   f. Spell check and check spelling of all names!

12. Citations: You have at least one citation with no corresponding reference entry! Check all citations to ascertain if a corresponding reference entry exists. If missing, supply the reference or delete the citation.

13. For all citations, ensure that
   a. all names are spelled correctly,
   b. all parenthetical citations include publication date,
   c. all page numbers are formatted correctly (i.e. with space between p period and number),
   d. all multiple author citations are correctly abbreviated.

14. Number formatting should be checked throughout. Adhere to APA sections 4.31 through 4.38, and look carefully at 4.31 and its subsections. Also, ordinal numbers (in your references) are formatted not in superscript, but in plain text = 2nd not 2nd.

For questions, contact:

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Dissertation Process and Document Guidelines
Spring 2018

Prepared by: Coordinator—Theses, Doctoral Projects and Dissertations (Dissertation Coordinator)

Academic Policies and Procedures.
See the Graduate Bulletin, chapter 5, Doctoral Degree Requirements, pp. 34–41, for academic policies and procedures for the dissertation, especially the Dissertation Process Policy beginning on p. 38. Become familiar with the information on scheduling, publicizing, submitting and depositing the dissertation, the process of format review, and the text on student and university rights regarding the dissertation.

Dissertation Process Overview
When the degree plan coursework is complete, students take a qualifying exam to determine their eligibility to continue as candidates for the doctoral degree. If the exam is passed, students must complete the Application to Candidacy form. This form requires that students complete these checklist items:

- Successful completion of written and oral examination.
- Application for graduation filed at Registrar’s Office with an anticipated graduation date at least two years from filing date.
- Graduation audit, which confirms 57 hours of coursework under an approved degree plan.
- Evidence of participation in two Research Symposia.
- Evidence of one proposal submitted for presentation at a Research Symposium.

After candidacy is approved, students formally enter the dissertation phase of the program. Progress through the dissertation process is announced by these forms:

Announcement of Dissertation Committee—When you and your committee chair have agreed on who will serve on your dissertation committee, complete this form. Committee Members, Program Director, and Dean of Research and Graduate Studies must sign.

Dissertation Proposal Approval—This form records formal approval of your dissertation proposal. Committee Members, Program Director and Dean of Research and Graduate Studies must sign.

Dissertation Defense Announcement—No less than two weeks (10 working days) prior to the scheduled public dissertation defense, use this form to announce that you will be presenting a public defense of your dissertation. Committee Members, Program Director, and Dean of Research and Graduate Studies must sign. Submit a structured abstract with this form.

Dissertation Approval (Defense)—This form indicates that you have successfully completed a public defense of your dissertation. Committee Members, Program Director, and Dean of Research and Graduate Studies must sign. As soon as form is approved, submit your dissertation document to dissertation coordinator in the Office of Research and Graduate Studies.
**Dissertation Clearance**—This form certifies that you have completed
1. all requirements of your program and
2. all requirements stated in the dissertation clearance form checklist.
Program Director, IRB Officer, Dissertation Coordinator, and Dean of Research and Graduate Studies must sign.

**Dissertation Clearance Process**
Dissertation clearance is the final step in the degree-granting process. After the student has received permission from the dissertation committee, as indicated by completed Dissertation Approval (Defense) form, the dissertation must be submitted to the Office of Research & Graduate Studies. The dissertation clearance process confirms that the student has completed these steps:
- Account opened at *The Athenaeum* and dissertation uploaded;
- Survey of Earned Doctorates certificate of completion submitted;
- IRB protocols closed;
- Account opened and dissertation deposited in the *UIW ProQuest ETD Administrator*;
- Final format of dissertation approved.

When these steps have been completed and clearance has been received from the program director, the student can be cleared to receive the degree.

**Due Dates**
Dissertations and all approval forms, except the clearance form, must be on file at the Office of Research and Graduate Studies by these dates:

<table>
<thead>
<tr>
<th>Date</th>
<th>Graduation</th>
</tr>
</thead>
<tbody>
<tr>
<td>March 15</td>
<td>May Graduation</td>
</tr>
<tr>
<td>June 1</td>
<td>August Graduation</td>
</tr>
<tr>
<td>October 15</td>
<td>December Graduation</td>
</tr>
</tbody>
</table>

Dissertations submitted after these dates may not be reviewed in time to clear the student to receive the degree in the declared semester. If dissertation clearance cannot be granted until after close of the semester, then the Registrar may change the official degree posting date to the next semester.

**Format Review Process**
The Dissertation Coordinator reviews the dissertation document to check for adherence to UIW dissertation formatting standards as outlined in this dissertation guide. This is not a content or grammar review, although word, sentence, paragraph level errors and punctuation errors will be marked if noted, especially if they affect meaning or comprehension. The coordinator adds comments to the places in the document where revision is needed and produces a format memo outlining major categories of revision work needed. The marked up dissertation and format memo are returned to the student.
How to Submit the Dissertation for Format Review
The submission process is entirely electronic. Print copies of the dissertation are not accepted.

Follow these steps to submit your dissertation:
1. Open an account at The Athenaeum. Complete all information prompts and upload a pdf copy of the dissertation. The system will automatically notify the ETD Coordinator that there is a new document ready for review.
2. Review by the ETD Coordinator may take up to three weeks, depending upon the volume of submissions.
3. If the ETD is returned to the student for format corrections, a corrected copy must be uploaded to the account that was opened in The Athenaeum. Do not create a new account.
4. Format corrections can be time-consuming and involve several back-and-forths between the student and the ETD Coordinator.
5. After all format corrections have been completed by the student, the final, approved copy will be deposited into The Athenaeum and will become the permanent document of record.
6. Dissertation students must, in addition, deposit the approved, final copy of the dissertation into ProQuest Dissertations and Theses Global using UIW’s ProQuest ETD Administrator.

Dissertation Document Guidelines—Summary
Before submitting a dissertation to The Athenaeum—and to ProQuest—ensure that you format it according to UIW formatting requirements as stated in this manual. Students are entirely responsible for the dissertation content, citation integrity, writing mechanics, and correct formatting.

Plagiarism Check—SafeAssign: The dissertation will be submitted to SafeAssign for a plagiarism check and a SafeAssign Originality Report will be generated and filed with the student submission. Issues identified in the SafeAssign report will be included with the format report generated for each student submission.

Important “Dos & Don’ts”
- Do not use previously published dissertations as your formatting guide
- Do use current dissertation formatting guidelines described in this manual
- Do not use a running head
- Do not use a signature page
- Do use the page templates provide by the dissertation coordinator

All Pages
- Page numbers: Placed in upper right hand corner; use same font as body text
- 12 point typeface, can be 10 pt. in tables and figures (if necessary)
- One inch margins all sides, all pages

Preliminary Pages
• Use provided templates

Chapter Pages
• **Line spacing.** Double space, except single space
  o in block quotes
  o within table and figure notes
  o within table titles and figure captions
  o inside tables and figures (if necessary)
  o within reference entries
• **Figures and tables.** Presented sequentially in the narrative and always preceded by a mention
• **Headings.** Chapter headings are level one. Level one and two are always included in the table of contents. Including level three headings in the table of contents is optional.

Reference Section
• All reference entries have a corresponding in-text citation, and vice-versa.
• All references are formatted exactly to the appropriate style specifications and all URLs are current. Use the doi (digital object identifier) whenever possible.
• Line spacing: Single space within the entry, double space between entries.

**Dissertation Document—Order of Pages**
**Preliminary Pages** (Use provided templates to ensure correct formatting.)
• Title Page
• Copyright Page
• Acknowledgments
• Dedication (optional)
• Abstract
• Table of Contents
• List of Tables (if tables are used in dissertation)
• List of Figures (if figures are used in dissertation)
• Other lists (if used in dissertation)
• Preface (optional)

**Narrative Pages**
• All chapter pages
• References
• Appendices
Dissertation Document Format Requirements—Detailed


Language
The dissertation must be written in English.

Punctuation
Punctuation guidelines are based on standard U.S. English as used in the formal academic context. Detailed usage guidelines are presented in the APA manual and in the Chicago Manual of Style (16th ed.).

One Space After Final Punctuation in a Sentence
It is perfectly acceptable to use two spaces after final punctuation in draft versions of the dissertation; however, it is essential to remove this double space before submitting for format review. Manuscripts showing more than a single space after final punctuation will be returned for correction.

Typeface & Typeface Size
Any clear, easy-to-read 12 pt. font is acceptable, with Times New Roman used as the default choice in many instances. Your dissertation chair or departmental guidelines may express a font preference. Whatever font is chosen, use that same font on all pages, including all body text, headings, page numbers, table titles, and figure captions. You may, however, use a different easy-to-read typeface, but no smaller than 10-point, inside tables and figures, in footnotes (if used), and in materials incorporated in the appendices.

Font Styles
Use regular font throughout. Italic and bolded fonts may be used only as described in the APA guidelines. Script, slanted font, and typefaces with characters of different sizes are not used except as needed in figures.

Margins
1 inch margins all sides, top, bottom, left, and right. Document headers and footers should be set to .5” (1/2 inch).

Page Numbering
Number all pages consecutively in the upper right corner of the page. Assign a number to every page of the ETD, although for certain pages the number is suppressed. Use the same font for page numbers as used in the rest of the document. Do not embellish any numeral with punctuation or other typographical symbols.
Preliminary Pages. Use lower case Roman numerals (ii, iii, iv, etc.). The copyright page is the first page to receive a number (ii). The title page number is counted in the page count but the number is always suppressed.

Text and Back Matter. Print the page number on all pages in the upper right corner. Begin with page 1 immediately after the last preliminary page and continue in numerical order to the end of the document, including references and appendices. Landscape page numbers must be manually positioned so they are in the same position as the numbers on the portrait pages. For instructions on placing page numbers to landscape oriented pages, open this browser link: http://support.microsoft.com/kb/211930/.

Justification
Justify only the left margin. Use a ragged (non-justified) right margin and allow all lines to wrap automatically. Do not divide words with a hyphen at the end of a line of text. Left justify all block quotes and any other text that is further indented from the left margin.

Line Spacing
Preliminary pages. Follow the special formatting requirements described in this manual for each of the preliminary pages. Preliminary pages include all pages from the title page up to, but not including, the body text.
Body text. Double space throughout all chapters, and do not add extra space between paragraphs. These elements are exceptions:

- **Block quotes**: Single space all block quotes.
- **Table titles**: Single space within the title when more than one line.
- **Table notes**: Single space when more than one line, but double space between notes.
- **Figure captions**: Single space when more than one line.

References. Single space within reference entries and double space between entries.
Appendices. Each appendix is formatted according to its source.

Line Spacing for Equations
The general rule is to leave ample space between the lines of the equation. Also, allow for additional space above and below the equation to separate it from the text or another equation. Displayed equations should be adequately separated from the text so that they are well spaced on the page.

Indenting
Paragraphs. Indent the first line of all paragraphs about one half inch (½”), or about five spaces. Use the tab key to set this indent; do not tap the space bar. All subsequent lines of the paragraph begin at the left margin.
Block quotes. Quotations of at least 40 words, or more than three lines, must be formatted as block quotes. Indent all lines of block quotes ½” from the left margin and place the entire quotation on the new, indented margin. Do not indent or justify the right margin of the block quote. Single space all lines. If the quotation is more than one paragraph, indent the first line of
this second paragraph (and any subsequent paragraphs) an additional ½ inch from the new margin.

**Headings** (See APA sections 3.02 & 3.03 for complete details.)

Headings applied in the body of the text are crucial guideposts for readers and reflect careful organization and logical development of the research project. The default format for headings is presented in the APA manual (p. 62), and are illustrated here.

### APA Headings

- **Centered, Boldface, Uppercase and Lowercase Headings**

  - **Left-aligned, Boldface, Uppercase and Lowercase Heading**

    - **Indented, boldface, lowercase heading with a period.** Begin body text after the period.

    - **Indented, boldface, italicized, lowercase heading with a period.** Begin body text after the period.

    - **Indented, italicized, lowercase heading with a period.** Begin body text after the period.

  - **Tables, Figures, and Equations**

    Tables and Figures are used to identify tabular or graphic representations in the document. When used in chapter narrative, tables and figures must be presented in the preliminary pages as List of Tables, and List of Figures. See templates and guidelines for construction of List of Tables and List of Figures pages.
If a table or figure is not referred to in the chapter narrative, do not include in the narrative; rather, such tables and figures are placed in the appendices and they are not identified in the List of Tables or List of Figures.


**Using Copyrighted Material in a Table or Figure.** If a table or figure, or information in a table or figure, is copied or adapted from another source, place a copyright permission footnote in the table note or in the figure caption in the form of a complete citation; such sources must also be cited in your bibliography. Tables or figures may not be reproduced in whole from another source without express written permission from the author. Modifications, too, must often be used only with permission. This permission must be noted in the table or figure and the actual permission letter is included as an appendix. (APA, p. 38)

**Copyright permission footnote.** This is the form of a complete citation, or copyright permission footnote, for table notes and figure captions:


From *Title of Book* (p. xxx), by X. Y. Author and A. B. Author, year, Place of Publication: Publisher. Copyright [year] by the name of Copyright Holder. Reprinted [or adapted] with permission. (APA, p. 38)

**Placement of Tables and Figures.** Place tables and figures in the document as soon as possible after they are first referred to. However, the narrative may continue even if reference to another table or figure is made—the table or figure does not need to immediately follow. Two or more tables or figures can be placed sequentially in the document even if the narrative referencing them is separated by several pages.

If a page break is inserted in the text to allow for the placement of a table or figure on a separate page, leaving a blank space on the bottom of the preceding page, fill that blank space with text. Text must be placed on table and figure pages if there is room for at least two lines of text. Do not wrap text around figures or tables.

Spacing and format of all tables, figures, and equations should remain consistent throughout the document.

**Table definition.** To be designated as a table, the information presented must be arranged in rows and columns (at least 2 of each). Table titles should precisely reflect the table’s content.
The table should be designed to display information in a way that clarifies the textual description. Tables should be prepared in the following manner:

Present the table as directly as possible after the first reference to it, but do not split a table if it can fit on a single page. Rather than divide the table between pages, you may begin the table at the top of the next page and fill the remainder of the previous page with narrative. Align all tables flush left with the margin.

**Table Number.** Assign all tables a number, beginning with 1 (Table 1, Table 2, Table 3, and so on), and never mix with letters (Table 1a, Table 1b, Table 1c, and so on). Tables are numbered sequentially beginning with their first appearance in the document. The table number is placed above and begins at the table’s left margin. Do not use punctuation after the table number. The table number is also entered in the List of Tables.

**Table Title.** Assign all tables a unique title. Be brief, but exact. The title is placed two line spaces below the table number and begins at the table’s left margin. The title is italicized and all major words are capitalized. Do not use punctuation after the table title.

The table title does not extend beyond the table margins. Although longer titles are discouraged, if the title is longer than one line begin the next line one line space directly below the first line, and flush with the table’s left margin.

List all table titles in the List of Tables. List only the table title and not any parenthetical words following the title. The wording, capitalization, and punctuation of the title (but not the format) must exactly match the title in the List of Tables.

**Landscape Tables.** A table can be set in the landscape position if necessary. The top of the table in this case is parallel to the binding edge of the document, and so the first element below that binding edge would be the table number, followed by the table title, followed by the table and any table notes. See instructions under Page Numbering for placement of the page number.

**Horizontal Lines.** Tables use only solid, unembellished, horizontal lines. Do not mix thin and thick lines. Use lines above and below column headings, below column spanners, and below the last line of data on the last page of the table to denote completion of the table. Table lines must be separated from text above and below with sufficient space to ensure that the horizontal line does not become an underline.

**Color and Shading.** Tables do not use color or shading.

**Table Notes.** Tables can have three kinds of notes, general, specific and probability. Table notes are unique to each table. Copyright permission footnotes for tables are entered as general notes. Table notes are singed spaced within a note, but place a double space between notes.
**Figure definition.** A figure is any kind of visual presentation of information including illustrations, photographs, graphs, drawings, diagrams, maps, and so on. As with tables, each figure must be precisely and uniquely titled. Figures, like tables, are referred to in text by their figure number, and every figure referred to must be listed in the List of Figures. Figures placed in the appendices do not need to be identified in the List of Figures and do not need to be referenced in the text.

**Copyright Permission for Figures.** Permission must always be obtained to use figures taken from another source, even if modified. The permission record must be noted in the figure caption and the permission letter must be included as an appendix in the document.

**Figure Number.** Assign all figures a number, beginning with 1 (Figure 1., Figure 2., Figure 3., and so on), and never mix with letters (Figure 1a, Figure 1b, Figure 1c, and so on). Figures are numbered sequentially beginning with their first appearance in the document. The figure number is placed below the figure, begins flush with the figure’s left margin, is italicized, and ends with a period (Figure 1., Figure 2., Figure 3., and so on.) The figure number is also entered in the List of Figures in the preliminary pages.

**Figure Caption.** Begin the figure caption on the same line as the figure number and end it with a period, whether or not it is a complete sentence. Captions should be concise but complete enough to describe the figure. Include in the caption explanations of units of measurement, symbols, acronyms, and abbreviations, if these are not explained in the figure legend. Copyright permission footnotes and source notes are also placed in the caption. Figure captions are entered in the List of Figures included with the preliminary pages.

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**Example of table**

Table 4

*Correlation of Ratings for Resort and Snow Quality*

<table>
<thead>
<tr>
<th></th>
<th>Cost</th>
<th>Lift</th>
<th>Depth</th>
<th>Powder</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cost</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lift</td>
<td>-.953*</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Depth</td>
<td>-.055</td>
<td>-.091</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Powder</td>
<td>-.130</td>
<td>-.036</td>
<td>.990**</td>
<td></td>
</tr>
</tbody>
</table>

*Note. Table courtesy of Dr. Judith Beauford, Professor Emerita of Education, University of the Incarnate Word. Adapted from “Tables and Figures: A Picture is Worth a Thousand Words.” Copyright 2011 by Judith Beauford.

*p < .05, **p < .01.*
**Color.** Color may be used in any figure, depending on context and readability criteria.

**Facing Page Captions.** Should there be no room on the figure page for a caption, the figure number and caption may be placed—centered—on the facing page, which is otherwise left blank. Captions on a facing page are to be used only when absolutely necessary. Facing page captions may be used for figures only, never tables.

**Figure Legend.** A legend explains the symbols used in the figure. The legend is placed inside the figure and uses the same typeface as the rest of the figure.

**Landscape Figures.** A figure can be set in the landscape position if necessary. The top of the figure in this case is parallel to the binding edge of the document, and the figure number and caption rotate along with the figure. The page number remains as if the page was in the usual or portrait position.

**Photographs.** Photographs and other illustrative materials obtained from non-electronic sources can be scanned into electronic files for inclusion in the document and should be output into files at a resolution setting of at least 300 dpi (dots per inch). Quality reproduction of halftones requires high-quality, high-contrast black-and-white originals. All photographs must observe the standard document margins.

**Reductions.** Tables, charts, figures, or other illustrative items that are reduced to fit within the margins must be large enough to be easily legible. The minimum size for numbers and capital letters is 1.5 millimeters.

**Equations.** Prepare and number equations according to the APA manual guidelines (pp. 123-124). The formatting preference for simple equations is to continue them in the line of text. However, if equations extend above or below the line of text, set them off from the rest of the text by placing them on their own line with a single space above and below. If these displayed equations are to be referred to later in the text then number them consecutively throughout the document, with the number placed in the right margin. Subsequent references to numbered equations in text are written out, for example, *Equation 1, Equation 2,* and so on. Since these are proper names, do not abbreviate or refer to in the ordinal form. A list of equations is not required.
Sample of figure

\begin{figure}[h]
\centering
\includegraphics[width=\textwidth]{sample_figure.png}
\caption{Adequacy of non-academic training on abuse.}
\end{figure}

Samples of Equation. If the equation can go in line with the text, then place it here: \(a^2 + b^2 = c^2\), as in this presentation of the Pythagorean Theorem. Otherwise, for equations that are better presented in a larger format, wider than one line of text, the standard format is to place the equation like this,

\[(x + a)^n = \sum_{k=0}^{n} \binom{n}{k} x^k a^{n-k}\]

with the punctuation preceding the equation determining how text begins on the line immediately after the equation. The equation number is placed on the right margin.

References
The references section follows directly after the final chapter page. Format the title of this section in title case, but do not bold. Reference entries are formatted hanging indent style; use the paragraph formatting function to format reference entries (do not use the tab button to indent). Each reference is single spaced within the entry, and double spaced between entries. All published material and any other sources mentioned in the text should be included, with the exception of personal communications.

Appendices
The appendices section follows directly after the final references section page. If there is only one Appendix, it can simply be labeled Appendix. When including multiple appendices, use the heading APPENDICES in your Table of Contents.
Appendices should be prepared in the following manner:

1. If there is only one appendix, simply insert the page or pages of that appendix immediately after the final references page, and label the first appendix page Appendix. Do not add a letter as there is only one appendix.

2. If there is more than one appendix to be included, insert a page after the end of the references section and place the title “Appendices,” centered on the page. This title is formatted in title case and is not bolded. Include this page in the total page count, but suppress the page number. Your appendices pages will follow this separator page.

3. At the top of each following pages, place the heading Appendix A (B, C, etc.), for each of the appendices. Each appendix page heading is located at the top of the page, and centered. Following the heading place the title of the Appendix, and use the same format. Double-space titles requiring more than one line.

4. The page number style and location of each appendix is to be consistent with the page numbering system used in the body of the document. Every page in each appendix, including photocopied material, must have a page number.

5. All inserted appendix material must stay within the one inch document margins and so may be reduced if necessary. The typeface may vary from that of the text if reproduced material.

6. Materials in the appendices must be reproduced on one side of the page only.

Appendices may include detailed statistical data, questionnaires, form letters, results of pilot studies, figures, or tables providing supplementary information. Do not include letters and documents from individuals or institutions that may reveal the identity of confidential subjects, or take care to remove or completely block out identifying information when including such materials. If the student’s research involved protected subjects or materials such as those regulated by the University’s Human Subjects Institutional Review Board, the Institutional Animal Care and Use Committee, or the Institutional Biosafety Committee, a copy of the signed letter of research protocol clearance must be included as an appendix.

No copyrighted material in excess of “fair use” may appear in the appendices without the express written consent of the copyright holder. Any material that might exceed generally accepted fair use guidelines must be accompanied by a letter from the copyright holder granting the author permission to reproduce (not just use) the material. The most common potential copyright infringement in this regard is the reproduction of standardized tests. It is important to understand that permission to use an instrument or test in one’s research (whether by paying a fee or through some other arrangement) does not constitute permission to reproduce that instrument in a dissertation.
Formatting Instructions For Preliminary Pages

(Order of Pages)

Preliminary Pages (Use provided templates to ensure correct formatting.) Use the template available here.

- Title Page
- Copyright Page
- Acknowledgments
- Dedication (optional)
- Abstract
- Table of Contents
- List of Tables (if tables are used in dissertation)
- List of Figures (if figures are used in dissertation)
- Other lists (if used in dissertation)
- Preface (optional)

Narrative Pages

- All chapter pages
- References
- Appendices

Title Page

The title page for theses and dissertations must be prepared according to the following instructions. The title page is counted in the page numbering of the dissertation, but the page number is suppressed. The subsequent introductory material (Acknowledgments, Table of Contents, List of Tables, and so on) is numbered using lower case Roman numerals (ii, iii, iv, and so on). Punctuation is not used on the title page.

Document title. The title must be identical in wording to the title listed in your approval forms; also, the it must be identical in wording and formatting to the title shown in the document abstract. Titles should contain no more than 20 words. Use words in the title whenever possible, not symbols, acronyms, formulas, superscripts, subscripts, or Greek letters. Center the title of your document 1.75 inches from the top of the page. Format the title in all capital letters. If your title is more than one line in length, the subsequent lines should be single-spaced with the longest line being the first line (i.e., an inverted pyramid shape). If possible, arrange the line breaks logically (for example, divide the title after a colon or before a clause).

By. Five lines below the title, centered and in lower case letters, place the word “by.”
Author’s name. Four lines below “by” and centered, place the author’s name exactly as it appears on the abstract, the acknowledgments, and approval forms. Format the author’s name in all capital letters.

Document type. Ten lines below the author’s name and centered, place the name of the document type: “A DISSERTATION.” Format the name in all capital letters.

Presentation block of three lines. Two lines below the document type and centered, place the following (single space between each line):

  line one: Presented to the Faculty of the University of the Incarnate Word
  line two: in partial fulfillment of the requirements
  line three: for the degree of

Name of degree. Three lines below the presentation block and centered, place the official name of degree sought (DOCTOR OF PHILOSOPHY). Format the official degree name in all capital letters and there is no punctuation after the name.

University name. Two lines below the name of the degree, centered, and in all capital letters, place the institution name: UNIVERSITY OF THE INCARNATE WORD. Do not use “The” in front of the name and there is no punctuation after the name.

Graduation month and year. Two lines below the institution name and centered, formatted in title case, place the graduation month and year. This date will include one of three possible months, December, May, or August, followed by the appropriate year. Do not place a comma between the month and year and there is no punctuation after the year.

Copyright Page
The copyright page is the second page of the dissertation or thesis and is the first page to receive a page number (Roman numeral ii). All subsequent pages are numbered consecutively. Doctor of Nursing Practice projects do not use a copyright page. The copyright page includes the following information centered vertically and horizontally on three single-spaced lines in the middle of the page:

Copyright by
Your Name
Year

An alternative copyright notice, using the copyright symbol, can be used, centered vertically and horizontally on one line in the middle of the page:

© Year Your Name
Signature Page
A signature page is not used in dissertations.

Acknowledgments
Acknowledgments are a courteous way of recognizing people to whom the student is indebted for guidance, assistance, or special aid, including dissertation chair and members, faculty mentors, colleagues, family members, friends and editors. The acknowledgments should be expressed simply and tactfully. It is best practice to secure permission of those to be cited in acknowledgments.

The acknowledgments page should be prepared according to the following instructions and be similar in appearance to the sample illustrated on the following page.

1. Center the heading ACKNOWLEDGMENTS in capital letters 1.75 inches from the top of the page.

2. On the third line (a triple space) below that heading, begin entering the text. Indent each paragraph 0.5 inch and double-space the text.

3. On the third line (a triple space) below the last line of text, beginning at the center of the page and moving right, place the author’s name. The name must be identical to that appearing on the abstract, title page, and approval forms and is formatted in title case (i.e. upper- and lower-case letters).

4. The acknowledgments section is numbered in lowercase Roman numerals, with numbers placed in the top right corner of the page. Any subsequent pages are numbered consecutively.

5. If acknowledgments text exceeds one page, center ACKNOWLEDGMENTS—Continued as a heading on the extra page(s) 1.25 inches from the top of the page. Continue the text beginning on the third line (a triple space) below this heading.

Dedication
If a dedication is used, use the acknowledgments template to format this page and simply change the page heading from acknowledgments to dedication.

Abstract Page(s)
An abstract is written in past tense and is a succinct statement of the problem, methodology, findings, and conclusions of the study. Authors should prepare the content of the abstract with care; dissertation abstracts, regardless of any embargo restrictions placed on the publication of the dissertation, are immediately published exactly as submitted by ProQuest and in the The Atheneum, UIW’s institutional repository of scholarly work. In this way abstracts are distributed nationally and internationally. Scholars reviewing indices to dissertations use the abstract to determine the value and relevance of the study.
The Office of Research and Graduate Studies may suggest edits to abstracts or will ask students or their committee chairs to edit text of abstracts as needed to ensure the quality of scholarly writing.

Preparing the Abstract
Abstracts must be prepared according to the following instructions and shall be similar in appearance to the sample illustrated on the following page.

Word count. The purpose of an abstract is to present a succinct picture of your research. Strive for brevity; researchers and readers prefer concise, ordered abstracts. However, neither ProQuest nor The Athenaeum have word count limits.

Title. The abstract should appear exactly the same as presented on the title page, formatted in all caps and in inverted pyramid shape. (NOTE: It is not necessary to include the word “Abstract” on the abstract page.) Center the title of your document 1.75 inches from the top of the page.

Author’s name. Place and center on the third line (a triple space) below the title, and follow the author’s name with a comma and the appropriate abbreviation for the degree to be received. The author’s name must be identical to that which appears on the title page, signature page, and approval forms. Do not include periods in the degree abbreviation.

Institution name. Place and center the name University of the Incarnate Word on the second line (a double space) below the author’s name, followed by a comma and the year the degree is conferred. Format in title case.

Abstract text. Begin the abstract text flush left on the third line (a triple space) below the institution name. The text is double-spaced and any subsequent paragraphs use the standard paragraph indent. If the abstract uses a second page, begin the text at the top margin and no heading is used.

Keywords. Do not supply keywords. ProQuest and The Athenaeum will ask you to enter keywords when you upload your thesis or dissertation.

Table of Contents
List only pages that occur after the table of contents. Do not list pages preceding the table of contents, nor the table of contents itself. The first item in the table of contents list is typically the list of tables or list of figures.

You may create your table of contents manually or use your word processing software to create an automatic table of contents. These tables of contents create links between the document headings and the table of contents so that updates made to headings in the text will, after selecting the table of contents update button, update the headings in the table of contents. Open this link to view instructions for creating a table of contents in Word.
If manually creating a table of contents, please use the following instructions.

1. Center the heading TABLE OF CONTENTS in upper case letters 1.75 inches from the top of the page. Primary page headings (e.g., list of tables, titles of chapters, references) are left-justified and use upper case letters in the Table of Contents. For second- and third-level headings, use the same capitalization that is used in the body of the text. Do not use bold for any entry in the table of contents.

2. Indent each subsequent heading level within a chapter 0.5 inch from the previous level. The indent for the second level is measured from the first letter of the chapter title.

3. Double space between each entry and each level of heading, and single space within multiple line headings, but do not further indent the second line of a multiple line heading. Headings requiring more than one line should be single spaced and divided so that the first line is the longest and each succeeding line is shorter.

4. The text in headings must be identical in level and wording to those in the document.

5. First and second-level headings must be included in the Table of Contents. It is the author’s discretion to include level three headings; consult with the dissertation coordinator if questions arise.

6. Each page of the Table of Contents is numbered with lower-case Roman numerals, with the number placed in the upper right corner of the page.

7. If the Table of Contents is longer than 1 page, the second and subsequent pages begin with this heading:

   Table of Contents—Continued

This heading is centered 1.25 inches from the top of the page. On the third line (a triple space) below the heading, continue entering the text. If a page break occurs within a listing of chapters or appendices, the level one heading is repeated, a triple space below the page heading. Do not include the page number, just the heading.

8. Dot leaders should extend from the last word of each entry to the page number indicating where each entry is located. Do not leave a gap between leader dots and page numbers.

9. If there is only one Appendix, it can simply be labeled APPENDIX. When including multiple appendices, use the heading APPENDICES in your Table of Contents and create an APPENDICES half page at the appropriate place in the text. You do not have to create the half page if you have only one appendix. Each appendix is identified with an upper case letter (i.e. A, B), a title, and is listed in the Table of Contents. List a page number for the half page and for each appendix.
10. If you have a section named References or Endnotes at the end of the document, this heading will precede Appendices in the Table of Contents. The section itself immediately follows the text of the document. However, it is possible to have references or endnotes concluding each chapter. If there is a chapter section for references or endnotes, this would normally be included in the Table of Contents as a second-level heading.

List of Tables, List of Figures (and other lists)
All lists are prepared the same way. For tables, prepare a List of Tables. For figures, a List of Figures. For best results, use the templates.

1. Center the heading LIST OF TABLES or LIST OF FIGURES in capital letters 1.75 inches from the top of the page.

2. When both are needed, the List of Tables page(s) precede(s) the List of Figures page(s). If other lists are used, (e.g. List of Maps), those list page follow the List of Figures.

3. On the third line (a triple space) below the heading, begin entering the table/figure listings—single space within entries and double space between entries. Titles should be entered exactly as they appear in the text. Capitalization of the first letter of each word in headings (except articles, conjunctions, and prepositions that are less than 4 letters in length such as a, an, and, but, by, for, of, the, etc.) is optional. Capitalization in headings, if used, must be consistent throughout the document.

4. Headings requiring more than one line should be divided so that the first line is the longest and each succeeding line is shorter.

5. Use dot leaders for each entry. The leaders should extend from the last word of each entry to the page number indicating where each entry is located. Do not leave a gap between leader dots and page numbers.

6. Each page is numbered with a lowercase Roman numeral numbered consecutively.

7. If your List of Tables or List of Figures is longer than 1 page, the second page heading is

   List of Tables—Continued

   or

   List of Figures—Continued

This continuation heading is centered 1.25 inches from the top of the page. On the third line (a triple space) below the heading, continue entering the text.